



Prepare to be a Skilled Trades Helper

Essential
SKILLS • TRAINING

This is the ideal course for someone interested in becoming a Skilled Trades Helper. Whether it is roofing, framing a house or road construction, this course will prepare you for the worksite.

Modules of study include:

1. Before You Begin

- What Is a Skilled Trades Helper?
- What Employers Want in a Skilled Trades Helper
- Communicating with Others
- Timesheets

2. Equipment and Materials

- Ladders
- Tool Safety
- Construction Machines
- Blueprints and Drawings

3. Numeracy

- Measurement
- Basic Geometry
- Fractions and Decimals
- Circles
- 3,4,5 Rule
- Calculations at work
- Multiplication

4. Health and Safety

- General Information
- Personal Protective Equipment
- Risk Management
- Slips, Trips, and Falls
- Noise
- Lock Out and Tag Out